## **British Columbia Postpartum Clinical Path**

Birth Summa	ry																							
G T P Delivery:  SVD Vacuum Forceps	P6	_ L_ erineur ] Intac ] Lace ] Epis	m: ct eration	degre			Г	nm C/S	eme	yy rgent tive		Т	ime											
Blood loss: 50					ıL																			
Epidural catheter re  Date  Catheter intac	moved: _ Time		] N/A																					
Allergies: NK	A □ \	/es																						
Clinical Obse	ervatio	on																						
Date																								
Time																								
	190																							
Blood pressure	180 170																							
Systolic 🗸	<b>160</b> 150																							
Diastolic 🔥	140 130																 							
	120 <b>110</b>																							
Pulse •	100 90 80																 							
Temp <b>X</b>	70 60																							
	50																							
Respiratory rate																								
O <sub>2</sub> sat																								
Sedation scale																								
Pain																								
Fundal tone																								
Fundal height																								
Lochia amount																								
Lochia colour																								
Abdominal incisi	on																							
Initials																								
Legend (For a	ny varia	nce *	= se	Vari	ance	Recor	rd/Pro	gress	Note	es)														
Pain scale (0-10) 0 = No pain ↓ 10 = Worst pain possible	<b>Sedatio</b> 1 = Fu 2 = Do 3 = Ey 4 = Ey st 5 = Ey	illy awa owsy res clos res clos imulati	ake and sed but sed but on (ear	rousal rousa lobe ti	ble to o ble to ug)	mild p	hysical	DI Oz H DR	=   =   =   =   =	Drsg d Drsg o Wound Drsg r	l healin emove s/stap	ct g d	<b>Fund</b> F = M = B =	Firm mass	with age	0 ↑		s F	R =	<b>a – colc</b> Rubra Serosa Alba		Lochia Sc = S = M = H = CL =	Scant Small Moder Heavy	ate
+ - Record vari	ph For scor physicia	iysical es of 5 n/anes	stimul or mo sthesio	ation re–Cal logist	II atten	ding			=	Not ap	plicabl						 BAR	CC	)DE	(IF	US	ED	)	

Maternal Assessment Put a check mark (✓) in N = Normal V = Variances/concert * Record variances/con	ns						N.	A = =	Not	appli	<b>colu</b> cable ssed													
Intrapartum IV		)		Time	)					Foley	cathe				N		Ву _							
Ву											First	void:	Date	e		Time	e		Amo	ount _			_	
Date																								
Time																								
Hours postpartum up to 72/ then # of days																								
	N	V	N	V	N	V	N	V	N	V	N	V	N	V	N	V	N	V	N	V	N	V	N	V
Breasts																								
Breastfeeding																								
Skin-to-skin																								
Responds to newborn feeding cues																								
Hand expression/pumping																								
Perineum																								
Urinary function																								
Bowel function																								
Healthy eating																								
Fluid intake/output																								
Activity / rest																								
Emotional status and mental health																								
Bonding and attachment																								
Family function																								
Tobacco use																								
Alcohol																								
Substance use																								
Falls Risk Assessment																								
Other																								

## 4 Summary, Education/Anticipatory Guidance □ Interpretation req'd Language \_ **EDUCATION/ANTICIPATORY GUIDANCE** INITIALS | INITIALS | N/A **COMMENTS** 1. Breast, nipple care, management of engorgement 2. Knows how to hand express milk Recognizes and responds to infant feeding cues. behaviours 4. Recognizes effective feeding and milk transfer 5. For infants fed breastmilk substitute: appropriate formula, preparation, and storage 6. Normal physiological changes/care, fundus & flow, incision 7. Voiding & bowel patterns 8. Self-care hygiene, pericare 9. Pain management/options 10. S & S for follow-up (e.g. fever, infection, overly drowsy) 11. Community and Admission medications reviewed. Discharge prescription written and given to patient. Patient teaching complete. Discharge prescription given to patient and patient teaching complete. 12. Activity and rest 13. Healthy eating 14. Postpartum blues/depression 15. Family planning/sexuality 16. Support systems in place 17. Access to Baby's Best Chance Parents' Handbook 18. Tests and procedures Rubella status MMR given: Date \_\_\_\_\_ Initials \_\_\_\_\_ Rh immune globulin given: Date \_\_\_\_\_ Time \_\_\_\_ Initials \_\_\_\_\_ Other: 19. Tobacco cessation/exposure to second-hand smoke 20. Review of communicable diseases 21. Knows who primary health care provider (PHCP) is, how to access & when to contact 22. Aware of PHN contact/role/community resources 23. Ready for hospital discharge, discharge order Variances - Plan(s) including referrals 5 Discharge \_\_ Time \_\_\_\_\_ RN Signature \_ Hospital discharge: Date \_

Date / Time	Focus	
Jale / IIIIIe	rucus	