

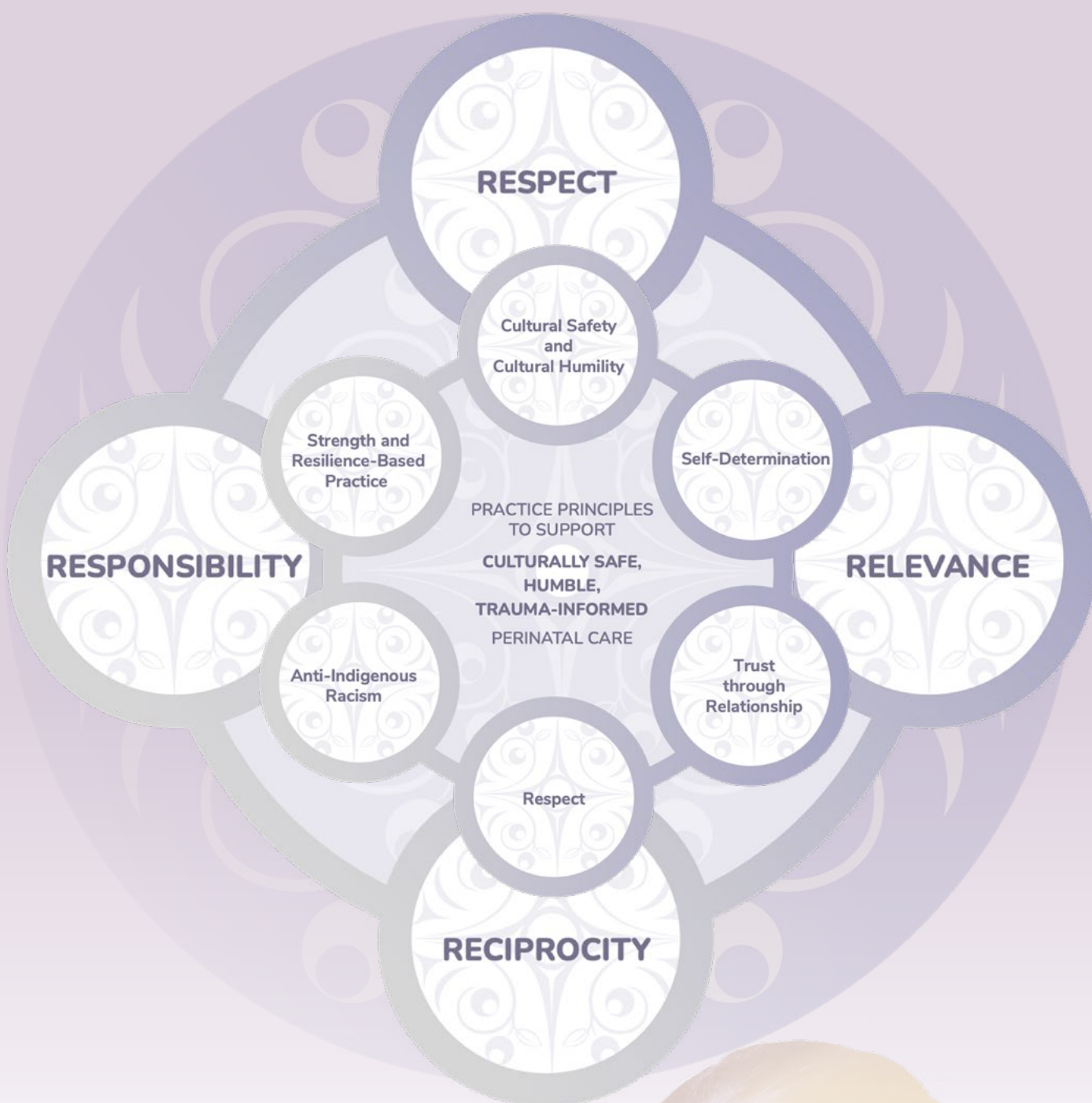


Honouring Indigenous Women and Families' Pregnancy Journeys

Hello from
Aunty Lucy



My name is Lucy Barney of the T'it'q'et Nation, RN, MScN. Mother, sister, daughter, granddaughter, wife, Indigenous Lead, Perinatal Services BC.



4Rs

Respect
Relevance
Reciprocity
Responsibility

Respecting Indigenous Peoples for who they are; Providing Indigenous Peoples with information that is **relevant** to and respectful of their worldviews; Encouraging **reciprocity** in healthcare relationships; and, Enabling Indigenous Peoples to exercise **responsibility** and agency over their health.

6 Key Principles of Cultural Safety

Cultural Safety and Cultural Humility
Self-Determination
Trust Through Relationship
Respect
Anti-Indigenous Racism
Strength and Resilience-Based Practice

