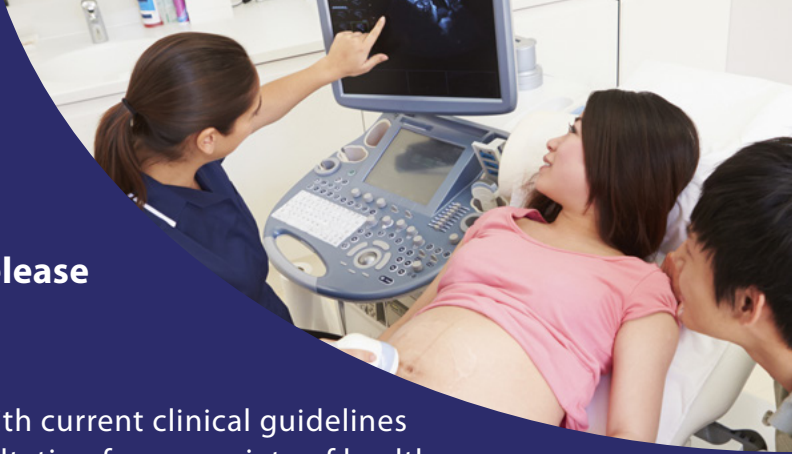


Antenatal Record: 2020 Update

Perinatal Services BC announces the 2020 release of the Antenatal Record!

The updated record was developed in accordance with current clinical guidelines and best practice recommendations, and with consultation from a variety of health care providers, including midwives, physicians, and nurses.

The updated Antenatal Record (PSBC 1905 and 1905A) replaces the 2013 version of the record (PSBC 1582).



WHAT'S NEW?

*Numbered items below correspond to the numbered sections of PSBC 1905 and 1905A –
Antenatal Record Part 1 and Part 2.*

1. DEMOGRAPHICS AND BACKGROUND

- **Preferred name / pronoun:** New field was added to record the preferred name or pronoun(s) that a mother or pregnant individual would like their health care providers to use to identify their gender (or lack thereof).
- **Indigenous Identity:** New fields were added to record Indigenous identity, status, and whether living on or off a reserve.
- **Ethnicity:** Categories were added to this field based on standardized categories used by the Prenatal Genetic Screening Program at PSBC.
- **Highest level of education:** Categories were added to this field based on standardized categories used by Health Information Management coders.
- **Biological father / donor:** New field was added to be inclusive of families where the mother's or pregnant individual's partner is not the biological father.

3. DATING THE PREGNANCY

- **Dating ultrasound:** This field was changed from "1st US" to "Dating US" to clarify that health care providers should input the ultrasound date that is being used to date the pregnancy.
- **Menses cycle:** This field was deleted because menses cycle is not best-practice for dating the pregnancy.

Antenatal Record: 2020 Update

WHAT'S NEW?

5. PRESENT PREGNANCY

- **ART:** This field was changed from “In-Vitro Fertilization (IVF)” to “Assisted Reproductive Technology (ART)” to ensure that all the various types of ART that a mother or pregnant individual may have used for this pregnancy can be recorded.
- **Travel (self / partner):** This field was added to document any relevant travel within or outside of Canada that may cause exposure to any infectious and/or communicable diseases.

7. MEDICAL HISTORY

- **Cardiovascular:** Section was added to document current or previous hypertension in pregnancy.
- **Endocrine:** New fields were added to document Type I and Type II Diabetes Mellitus, previous gestational diabetes, and /or thyroid disorders.
- **Mental health:** New fields were added to document eating disorders and substance use disorders and to document the treatment regimen.
- **Infectious diseases:** New field was added to align with the Society of Obstetricians and Gynecologists of Canada (SOGC) guidelines on screening for infectious diseases during pregnancy: “Management of Varicella Infection (Chickenpox) in Pregnancy” and “Guidelines for the Management of Herpes Simplex Virus in Pregnancy.”
- **Immunizations:** New fields were added to align with the 2018 SOGC guideline, “Immunization in Pregnancy.”

8. LIFESTYLE / SOCIAL CONCERNS

- **TWEAK Score:** This field was removed because it is a second level screen for alcoholism and dependence that is not part of universal screening for all pregnant individuals.
- **Gender-based violence:** New field was added to align with BC Women’s Hospital & Health Centre’s statement on gender-based violence and to ensure that health care providers are recognizing, screening for, and recording all signs of violence during pregnancy.

Antenatal Record: 2020 Update

WHAT'S NEW?

9. SUBSTANCE USE

- **Cannabis:** New section was added to document cannabis use in pregnancy as a result of the legalization of cannabis in October 2018.
- **Alcohol, Tobacco, and Cannabis:** New fields were added to document alcohol, tobacco, and cannabis use in the three months before pregnancy and during pregnancy.
- **Other Substances:** New section was added to document other substances, including methamphetamine, intravenous (IV) drugs, opioids, and/or prescription drugs.

10. INITIAL PHYSICAL EXAM

- **Pelvic exam:** New fields were added to document the date of last STI and Pap test.

11. COMMENTS / FOLLOW-UP

- The summary section was amended to include comments or follow-up required.

12. PLANNED PLACE OF BIRTH

- New fields were added to document the planned place of birth at 20 weeks and 36 weeks and that this information has been faxed/ copied to intended hospital of birth.

13. INVESTIGATIONS

- This section was reorganized for flow and consistency to document the result (e.g. negative or positive) of each itemized test and the required follow-up and/or comments.
- **Chlamydia, Gonorrhea, Syphilis testing:** Individual new fields were added to ensure that chlamydia, gonorrhea, and syphilis screening and results are being documented during pregnancy.
- **Gestational Diabetes Screen 2-Step Test:** This section was changed to align with the 2016 SOGC guideline, "Diabetes in Pregnancy," which recommends using the 2-step approach to screen for gestational diabetes. New fields were added to document if test declined and if diet controlled or insulin required.
- **Prenatal Genetic Screening Investigations:** This section was changed to align with the genetic screening recommendations and testing offered as part of the BC Prenatal Genetic Screening Program. New field added to indicate if prenatal genetic screening was declined.

Antenatal Record: 2020 Update

WHAT'S NEW?

14. EDINBURGH PERINATAL / POSTNATAL DEPRESSION SCALE (EPDS)

- New field was added to indicate if EPDS screening was declined.
- **Anxiety sub-score:** New field was added to document the anxiety sub-score because the total EPDS score may not be indicative of an anxiety disorder; women who score high on the EPDS-3A may score low on the total EPDS score.
- **Self-harm sub-score:** New field was added to document the self-harm sub-score because suicide is the most common cause of death during pregnancy and the self-harm sub-score allows for suicidal thoughts to be identified earlier during pregnancy.

15. ULTRASOUNDS & OTHER IMAGING INVESTIGATIONS

- This section was expanded to include more rows to document ultrasounds or other imaging done during pregnancy.

16. PERINATAL CONSIDERATIONS AND REFERRALS

- This section was added to document client's pregnancy type, VBAC eligibility, and plans to breastfeed.
- An additional field to document "contraception plan" was added for postpartum considerations.

17. PRENATAL VISIT DOCUMENTATION

- **Additional visits:** Another page (PSBC 1905A) was added to provide more space for health care providers to document the details of the antenatal visits.

REFERENCE PAGES AND DISCUSSION TOPICS

- **Reference pages:** Pages were added to be used by health care providers as a guide and/or tools for completing specific sections of the Antenatal Record, including weight gain in pregnancy, and depression and anxiety screening.
- **Discussion topics:** New fields were added to have trimester specific discussion topics as a checklist for health care providers to use during antenatal visits.